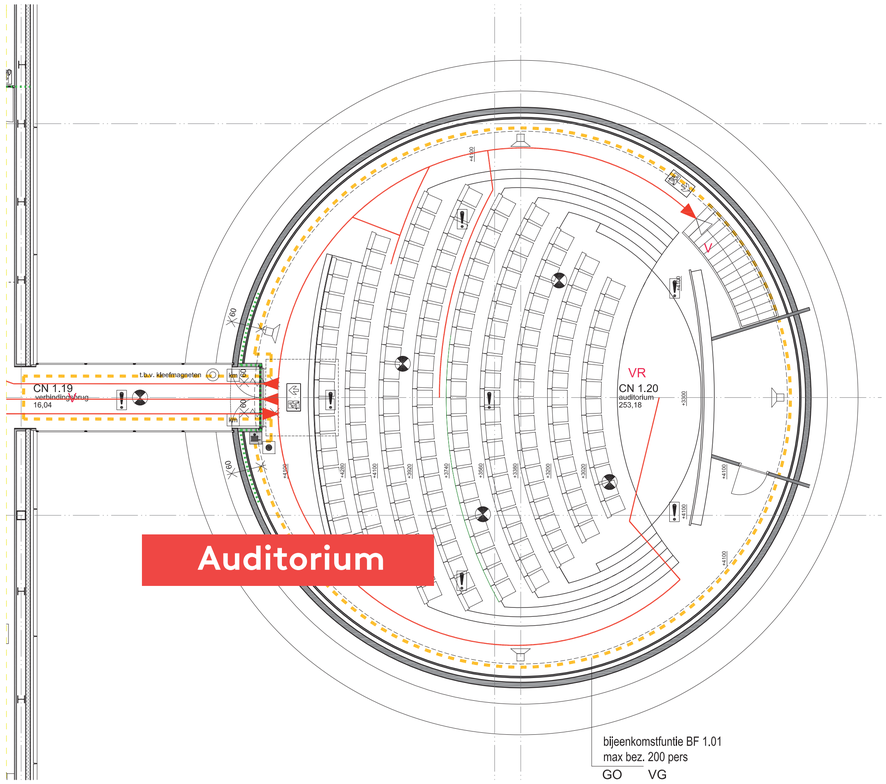
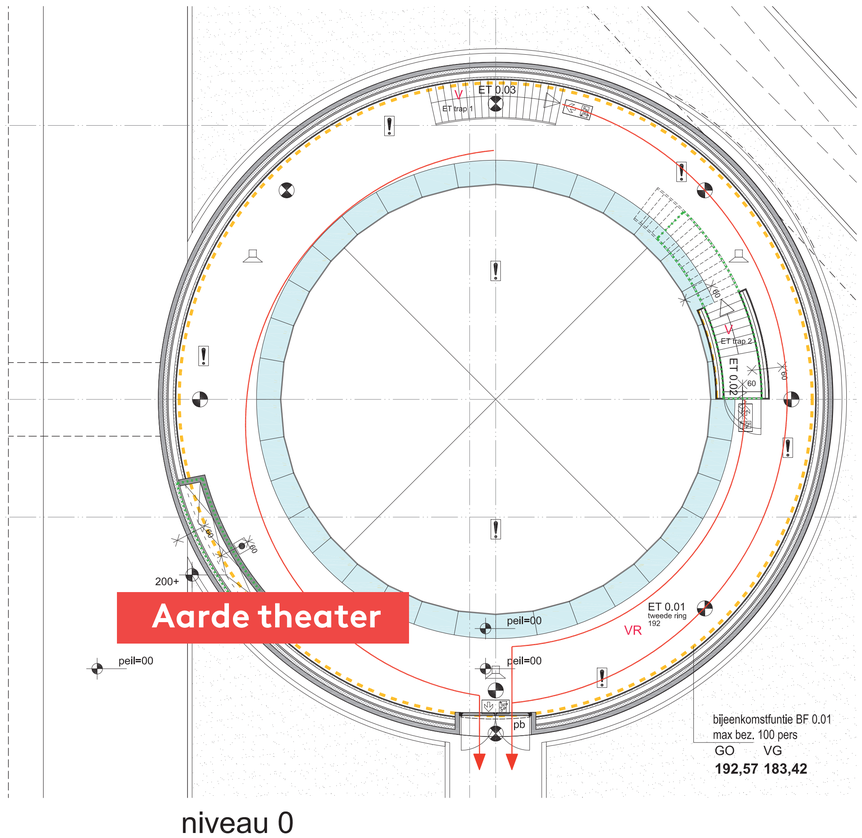
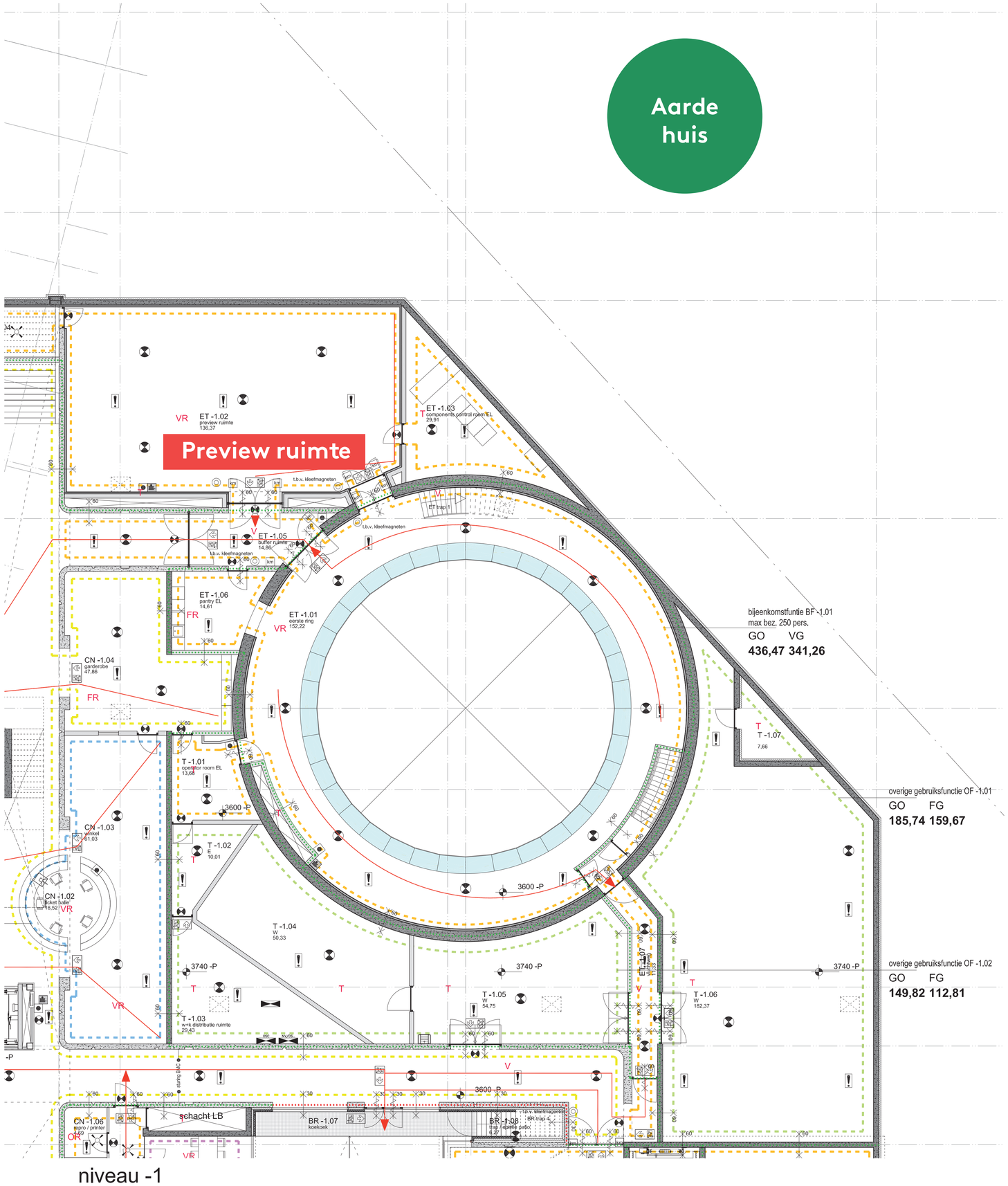


niveau +1



niveau 0



niveau -1